

1987-2023

Winter 2023  
GGCM 052



# Galleywood Grapevine *Community Magazine*



Front cover by Local Resident, Richard Wilson

# THE WINDOW MAN

WINDOWS | DOORS | INSTALLATION | REPAIRS

***Proudly Providing the Complete Service***

## **WE CAN SUPPLY, FIT, REPLACE AND REPAIR**

*We have over 50 years' experience in the industry and have seen most types of windows and doors over the years and rarely find a problem we can't solve.*

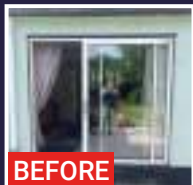
*From blown/misted units, drafty windows and broken locks, to a complete & full replacement of your windows or conservatory - reach out to us and it would be our privilege to pop round and see how we could help.*

*We have no overdraft to feed, run no accounts and pay up front for all our materials.*

*We have been proudly servicing the local community for over 30 years!*



*Your friend in the trade*



**BEFORE**



**AFTER**

**Contact us today  
for your **FREE**  
no obligation quote.**

**01268 527112**

**[www.thewindowmanessex.net](http://www.thewindowmanessex.net)**



**Checkatrade.com**



**@thewindowmanessex**



**@thewindowmanessex**



# Galleywood Grapevine Community Magazine

GGCM 052

Letter from the Chairman	4
Contacts	6
Galleywood Remembers	8
Galleywood Heritage Centre	10
Fundangles Award	12
Galleywood Historical Society	14
Play in the Park	14
Hampers of Hope	16
Bright's Life - so Far - so Good	17
A message from your Vicar	18
Green Dog Walkers	24
Reporting a crime	26
The Baddow & Galleywood U3A	27
Trauma Survivors Across Essex Launch Film	28
New interactive toolkit	29
Galleywood Women's Institute	30
Search and Rescue Dog Bailey	31
Club contact details	34
Christmas Poem by Marilyn Byford	37
Find Your Active with Pieces of the Puzzle	38

**Deadline for the next edition is  
1st February 2024**

## PLEASE SUPPORT LOCAL BUSINESSES

A big thank you goes out to all the local businesses that have advertised and supported the Galleywood Grapevine Magazine

**To advertise please call 01843 523030**

Published by **Community Ad Web Ltd**  
**www.communityad.co.uk**

01843 834160 [info@communityad.co.uk](mailto:info@communityad.co.uk)



**Supporting the  
REBUILD OF BRITAIN**



To view our T&Cs, please visit our website



## Baddow Locksmiths Ltd

*Your Local, Independent Locksmith!*

- 24 hours a day 7 days a week for all emergency and non emergency needs.
- New homes, old homes, commercial properties - we cover them all and more!
- Rest assured that we WON'T destroy your lock if we don't have to!



Free Quotes!

Baddow Born  
and Bred!

**T: 01245 477636 / 07456 485717**

[Baddowlocksmiths@gmail.com](mailto:Baddowlocksmiths@gmail.com)

[www.baddowlocksmiths.co.uk](http://www.baddowlocksmiths.co.uk)

Find us on: and check out our 5 ★ reviews on:

© Baddow Locksmiths Ltd Reg Co in England: 13214347 Directors: S.Hoad & J. Hoad

## ON THE SEARCH FOR PURRFECT PET CARE?

**LOOK NO FUR-THER!**

We Love Pets offer the best care for all your pets - big or small - furry or scaly, whilst you're away or simply to offer a helping hand with your pet care!

**Contact We Love Pets Chelmsford Today!**

Tel: 07726 761194

Email: [chelmsford@welovepets.email](mailto:chelmsford@welovepets.email)

Website: [welovepets.care/branch/chelmsford](http://welovepets.care/branch/chelmsford)



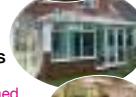
**SUPREME**  
Est. 1986 INSTALLATIONS



**Fascias, Soffits & Guttering**

**Rubber-Guard Flat Roofs**

**Bi-folding Doors · Composite Doors**



Established in 1986 with continuous unblemished trading - that's a meaningful guarantee

**Call 0800 8494 249**  
**www.supreme-installations.co.uk**

Local showroom at Unit 1 New Farm,  
The Street, Stow Maries, Chelmsford CM3 6RS



Galleywood Grapevine





# Letter from the Chairman

## Welcome to this edition of the Grapevine magazine

As I write this, we have just as a community come together to remember those who died in the service of their country at our Armistice Day service on Saturday November 11th. There are some pictures of the event later in this issue. Thank you to everyone who took part in and attended the service, and to the Galleywood Women's Institute for serving refreshments and for the wonderful display of knitted poppies on the Keene Hall boundary.

We are all concerned about the environment. The Parish Council is in discussion with Essex County Council about the provision of charging points for electric vehicles in Galleywood, and a scheme is under development. We hope to have more information soon. The Parish Council has also purchased spring bulbs which we will be planting in public spaces this month, with your help.

Looking forward, as we approach Christmas, there are several events to remind you about. The Christmas lunch for senior citizens is on Friday December 15th – please contact the Parish Council office for tickets. Carols on the Common with St Michaels' church at Galleywood Heritage Centre is at 4.00 pm on Saturday December 23rd.

The annual best-dressed window competition for Galleywood shops will be judged in early December.

Councillor surgeries continue to run on the last Saturday of each month (except August and December) from 10 am – 12 noon in the Galleywood Library, so please come along to meet your Parish Councillors and to discuss local issues. Alternatively, you can contact the Parish Council office at any time by telephone (**01245 358898/348756**), email (**[clerk@galleywoodparishcouncil.gov.uk](mailto:clerk@galleywoodparishcouncil.gov.uk)**) or in person on weekday mornings.

Further information about the Parish Council including forthcoming Council and Committee meetings and events can be found on the Council's website **[www.galleywoodparishcouncil.gov.uk](http://www.galleywoodparishcouncil.gov.uk)** or on Facebook **[www.facebook.com/Parish.Council](https://www.facebook.com/Parish.Council)**

On behalf of the Councillors and Staff of Galleywood Parish Council, I would like to wish you a Merry Christmas and Happy New Year

Best wishes

**Stephanie Troop**

*Chairman, Galleywood Parish Council*



**[www.bbroofingcontractors.co.uk](http://www.bbroofingcontractors.co.uk)**  
**[info@bbroofingcontractors.co.uk](mailto:info@bbroofingcontractors.co.uk)**

### FAST, EFFICIENT & AFFORDABLE

Great roofing prices ♦ Fully guaranteed work  
Free no-obligation quotes



UPVC FASCIA & SOFFITS  
GUTTERING & DOWNPIPES



DRY VERGE SYSTEMS ♦ NEW ROOFS & REPAIRS  
FLAT ROOFS ♦ RE-POINTING WORK

**CALL NOW 01702 278474**





# COMPUTER PROBLEMS

**QUICK, MUST  
PHONE TEC2!**

**COMPLETE IT SUPPORT  
HOME USERS & BUSINESS**

PC Upgrades & Repairs | Email  
Data Recovery | Wireless Networking  
Data Cabling & Networks  
Broadband Problems | Internet Services  
Virus & Malware Removal | Health Checks  
Remote Support Now Available  
New PC Installation Service

Based in Galleywood since 2001

**FOR FAST AFFORDABLE HELP**

**01245 672624**

**WWW.TEC2.CO.UK**



Microsoft | Partner Program

**DANBURY  
FENCING**

**f For a FREE quotation call**

**01245 974717**

**www.danburyfencing.com**



Repairs & Spares • New Appliances  
Refurbished Goods

Same Day Repairs Available

**01245 258837**

**07410 545 225**

essexdomestic@gmail.com



**THE WHITE HART INN**

MARGARETTING TYE

**TIGER ISLAND**

The White Hart Inn, Swan  
Lane, Margaretting Tye,  
CM4 9JX

**01277 841244**

Relax, enjoy and sample the wonders  
of wholesome traditional pub food  
among wonderful company

www.thewhitehart.uk.com



**Taking Christmas Bookings Now!**

**YOUR LOCAL INDEPENDENT ESTATE AGENT**

Offering a bespoke service to all clients whether  
you are looking to sell or rent your property, I will  
guide you through the whole process. If you are  
looking for a truly bespoke service please do  
give me a call on **01245 94 84 84**

**MARY BUGG**

POWERED BY  
**exp** UK

marybugg.exp.uk.com



Galleywood Grapevine



# Contacts

## Galleywood Parish Council

[www.galleywoodparishcouncil.gov.uk](http://www.galleywoodparishcouncil.gov.uk)  
[www.facebook.com/Parish.Council](https://www.facebook.com/Parish.Council)

Keene Hall, Watchouse Road  
Galleywood CM2 8PT

### The Clerk:

Kelly Wilde 01245 358898  
[clerk@galleywoodparishcouncil.gov.uk](mailto:clerk@galleywoodparishcouncil.gov.uk)

### Admin Assistant

Abbey Richardson 01245 348756  
[Admin@galleywoodparishcouncil.gov.uk](mailto:Admin@galleywoodparishcouncil.gov.uk)

## Galleywood Parish Councillors

### Chairman

Cllr Stephanie Troop 01245 256008

### Vice Chairman

Cllr Janette Potter 01245 352516

### Councillors

Cllr Richard Hyland 01245 806220

Cllr Chris Shreeve 07948 528971

Cllr Neville Paul 01245 474891

Cllr Anthony McQuiggan 01245 808225

Cllr Geoff Smith 07540 528265

Cllr Bill Woolward contact via Parish Council

Cllr Gillian Bonnett 01245 258888

## Chelmsford City Councillors

Cllr Janette Potter 01245 352516  
[janette.potter@chelmsford.gov.uk](mailto:janette.potter@chelmsford.gov.uk)

Cllr Richard Hyland 01245 475734  
[richard.hyland@chelmsford.gov.uk](mailto:richard.hyland@chelmsford.gov.uk)

## Civic Centre

Duke Street, Chelmsford CM1 1JE  
01245 606606

## Essex County Councillor

Cllr Anthony McQuiggan  
01245 808225  
[cllr.a.mcquiggan@essex.gov.uk](mailto:cllr.a.mcquiggan@essex.gov.uk)

## Member of Parliament for Chelmsford

Vicky Ford MP, 88 Rectory Lane,  
Chelmsford, Essex CM1 1RF 01245 352872  
[office@chelmsfordconservatives.co.uk](mailto:office@chelmsfordconservatives.co.uk)  
House of Commons, London SW1A 0AA  
020 7219 0138 | [www.vickyford.uk](http://www.vickyford.uk)  
[vicky.ford.mp@parliament.uk](mailto:vicky.ford.mp@parliament.uk)

## St Michael & All Angels Church

Rev Cattle 01245 956953  
[vicar@stmichaelsgalleywood.org.uk](mailto:vicar@stmichaelsgalleywood.org.uk)  
[www.stmichaelsgalleywood.org.uk](http://www.stmichaelsgalleywood.org.uk)

## Essex Police

Emergency 999  
Non Emergency 0300 333 4444 or 101  
[www.essex.police.uk](http://www.essex.police.uk)

## Chelmsford Crime Prevention Team

[chelmsfordcpt@essex.pnn.police.uk](mailto:chelmsfordcpt@essex.pnn.police.uk)

Remember do not email your community policing team to report a crime as they are not monitored 24 hours per day. In an emergency ring 999.

To report non-emergency incidents or to report a crime dial 101 or visit the "doitonline" page on the Essex Police Website





Love Your Garden: Use Your Local  
Reliable/Insured Gardener  
Throughout The Winter Months For Best  
Garden Results in the Spring

All Work Undertaken with Care:  
Mowing [Also with Ride on Mowers] ■ Lawn Edging  
Weeding ■ Pruning ■ Small/Medium Tree Felling  
Garden Clearance ■ Year Round Bespoke Lawn  
Treatments ■ Hedge Trimming ■ Leaf Clearance  
Ivy Pruning & Removal ■ Weed Killing  
Bark/Ornamental Stone Laying  
End of Tenancy Garden Tidy Ups  
Gutter Clearance ■ Path & Patio Cleaning  
Fencing ■ Pathways ■ Patios

Contact Me Today: 07854 586 459  
Email: [robertsongardenservices@gmail.com](mailto:robertsongardenservices@gmail.com)



## The care you deserve

- Personal Care
- Medication Support
- Meal Preparation
- Community Support and Shopping
- Overnight Care
- Companionship
- Domestic tasks
- Hourly Care

01245 801401

[info@elsieshelfathome.com](mailto:info@elsieshelfathome.com)

[www.elsieshelfathome.com](http://www.elsieshelfathome.com)

OFFICE 6, THE GENERALS, MAIN ROAD, BOREHAM, CM3 3HJ

## C J Appliances LTD



### DOMESTIC APPLIANCE REPAIRS

WASHING MACHINES • DISHWASHERS  
ELECTRIC COOKERS/OVENS • TUMBLE DRYERS

**07800 819502 • 01245 225472**

[www.cjappliances.co.uk](http://www.cjappliances.co.uk)

Email: [cjappliancesltd@gmail.com](mailto:cjappliancesltd@gmail.com)

Now accepting card payments



# Forever Active

For more information:

[chelmsford.gov.uk/forever-active](http://chelmsford.gov.uk/forever-active)

[forever\\_active@chelmsford.gov.uk](mailto:forever_active@chelmsford.gov.uk)

01245 606569

Community  
Sport & Wellbeing

Chelmsford  
City Sports



## Gentle activity sessions for your health, confidence and mobility

We offer a wide range of sessions to help you  
rebuild strength, balance and confidence.

Our instructors are keen to welcome new faces.  
Activities are sociable, friendly and informal.

Sessions include:

- bocce
- dance
- line dancing
- pilates
- seated exercise
- swimming
- yoga
- and more!



Galleywood Grapevine





# Galleywood Remembers

**The Parish Council's Armistice Day Service was held on Saturday 11 November 2023 at the War Memorial at the Keene Hall in Watchouse Road in Galleywood.**

The Chairman of the Galleywood Parish Council, Councillor Stephanie Troop welcomed everyone to the service and the Opening prayer was read by Galleywood's Vicar Rev David Cattle.

Readings were provided by Councillor Janette Potter, Wendy Cummin and David McCready and wreaths were laid.

Chris Selden kindly attended to play the cornet for the Last Post and Reveille.

The knitted poppies were provided by Galleywood WI who also kindly served the refreshments.

The Parish Council also wish to thank the following for their support: The Keene Hall and John Turkentine.

A selection of photographs provided by Abbey Richardson, Admin Assistant to the Parish Council.



## THE UNNAMED GRAVE

As I walk gently upon the grass  
And move between the stones  
A minor tremor disturbs my feet  
From a person who's unknown

And as I look down on the earth  
I wonder to myself

Is this the grave of someone dear  
Whose life had limited wealth

No cross, no border, no headstone  
To show who lies beneath  
This piece of un-kept sacred ground  
Now lost to those who weep

What life did they once live I ask

The family that they knew  
The age of their untimely death  
Their appearance as they grew

But as my thoughts begin to fly  
To imagine who they must be  
A sadness fills my aching heart  
For the stranger I long to see

Forgotten and lost to everyone  
No sentiment of prayer

No loved ones visiting with kindness  
To show how much they care

Instead they sleep amongst us  
As we talk and walk on by  
Until another unnamed grave  
Reveals the place where someone died

Let us not lament their peace and quiet

For within these graves they rest  
Their lives now over, their voices still

All memories now have left  
For they are always remembered

By the others who have died  
As their journeys were made together  
To a world on the other side

**By Maura Kelly**







- Oil Boiler Servicing & Repairs
- Oil Boiler Installation
- Plastic & Metal Oil Tanks  
(Supplied & Installed)

# ATP HEATING SERVICES LTD

Unit 1  
Reeds Farm Estate  
Roxwell Road  
Writtle, Chelmsford  
Essex CM1 3ST

For full service information &  
free quotation please contact us on:

**Tel: 01245 422355**

[www.atpheatingservices.co.uk](http://www.atpheatingservices.co.uk)



ESSEX PRESTIGE DOORS

## Premier Roller Garage Doors

Including Sectional Doors.



- ✓ 15 Year Colour Warranty
- ✓ 7 Year Motor Warranty
- ✓ 5 Year Control Panel Warranty



Checkatrade.com



EMERGENCY  
CALL OUT



Office: 01245 767 989  
Mobile: 07533 284 748  
[essexprestigedoorsltd.co.uk](http://essexprestigedoorsltd.co.uk)

## D.S. EAGLE

*High-class family butcher*

**Prime quality beef, pork,  
lamb and poultry plus  
home-made sausages  
and burgers**



## BRITISH MEAT

We specialise in home-cured gammon  
hams and bacon, produced on the  
premises in the traditional way. Come  
and visit our shop and meet our qualified,  
experienced and friendly staff for helpful  
advice - you'll be very welcome.

**Tuesday – Friday 9am – 5pm**  
**Saturday – 9am – 4pm | Sundays / Mondays closed**

**01245 420516 07810 712765**

9 Wellfield, Writtle, Chelmsford, CM1 3LF

[www.eaglebutchers.co.uk](http://www.eaglebutchers.co.uk)

Galleywood Grapevine



# Galleywood Heritage Centre

**Galleywood Heritage Centre, a registered charity, was opened in November 2009.**

The building which is located on Galleywood Common off Margaretting Road, is a conversion of the 1920s grandstand from the hey days of horse racing.

The archives, held in the Heritage Room, include information on the history of the racecourse, St Michael's Church, the Napoleonic defences, golf course and other local features. There is an extensive collection of photographs, of both people and places, and these can be searched and viewed on computer. Whilst the photographs mainly relate to Galleywood these also include surrounding areas such as Great Baddow, Margaretting, Writtle and Chelmsford itself. Other items include maps of Galleywood, records of various clubs, past copies of both Galleywood and Great Baddow's Parish magazines. There is also a collection of books on Galleywood, Chelmsford and Essex and of general interest.

The Heritage room is usually open to visitors on Tuesdays 1.30-3.30pm and the tea room is open 1pm to 3.30pm Tuesdays, some Thursdays and some Sundays

If you are not able to make a personal visit, queries can be sent by e-mail to **susan.wilson@galleywoodheritagecentre.org.uk** who will endeavour to assist.

Displays are held in the Heritage Room featuring different aspects of Galleywood's history. The programme of illustrated talks will restart in March 2024 and the tea room is open for these and other events. Special exhibitions are also held from time to time.

Details of talks, exhibitions and other events are on the centre's website and Facebook page. A monthly e-mail newsletter can be requested from the e-mail address below.

Various Fund raising activities are organised by the staff and volunteers to assist with both running costs and projects

The Centre's Main hall, Heritage room, Common room and large Marquee in the grounds are also available for hire and a number of activities are offered by the various

hirers. For more details contact **01245 357700**, **mail@galleywoodheritagecentre.org.uk** or visit

**[www.galleywoodheritagecentre.org.uk](http://www.galleywoodheritagecentre.org.uk)**

Galleywood Heritage Centre, Margaretting Road, CM2 8TR.

**Susan Wilson**

*Volunteer at Galleywood Heritage Centre*



Thank you to all our customers, donors, volunteers and the Galleywood Community for all your amazing support throughout 2023

We wish you all a very Merry Christmas and send our Best Wishes for 2024

**Heather & Suzanne**  
Farleigh Hospice Shop, 49 Watchouse Road, Galleywood



Galleywood Grapevine



OVER 10 YEARS' EXPERIENCE  
HARD AND SOFT LANDSCAPING

**Fencing | Decking  
Patios & Driveways  
General Maintenance**



NO JOB TOO BIG OR SMALL JUST GIVE US A CALL ON:

**07361 098923**



Roller shutter garage doors  
Roller shutters – electric and manually operated  
All made to measure, in a variety of colours  
Repair service for damaged shutters  
We will remove your old door



01245 917 536 • 07929 403 988  
www.homeseuresolutions.co.uk  
info@homeseuresolutions.co.uk

Serving Chelmsford, Essex & Surrounding Areas. We are a team of highly motivated I.T. professionals with over 30 years' experience in analysing, diagnosing and solving computer and computing related issues.

- No Call Out Charge
- Discount For New Clients
- No Fix No Fee
- Home Visits Available
- Small Business Support
- Bespoke Computers Built Including Gaming PCs

Call 07786 291 392 today for more information  
support@mister-pc.co.uk | www.mister-pc.co.uk

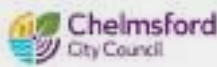


**SB SKIP HIRE**

☎ 01245 381442  
✉ sbskips@pjgroup.net  
🌐 www.sbskiphire.co.uk



Working closely with Chelmsford City Council  
Proud sponsors of Chelmsford City Football Club



Galleywood Grapevine







## Fundangles Award

**Hello I'm Glenys & I'm now known locally as the 'Dementia Lady'. I have lived in Galleywood for over 30 years, most of which an inconspicuous & quiet life.**

That changed in September! I was informed I was a Finalist for BBC ESSEX 'Make a difference Awards' 2023. In Volunteer Category.

Gobsmacked!

For 'Volunteering' my time running Side by Side Support & Fundangles Musical Afternoons groups for Carers & Families living the Challenges of Dementia. I was amazed, as I had only set the groups up in summer of 2021.

Yes, I have been very involved with working with the elderly & the Unpaid carers living with dementia for over 15 years, it was my job, but over time my passion.

I see the life of the Caregiver, many very elderly, the strife & commitment, the loneliness & isolation they felt during the COVID pandemic, lack of support, they felt forgotten & still do. Living 24/7, the challenges Dementia brings, affects their whole life. It is all Dementia. They give up so much freedom & lose friends & sadly who they once were.

I created Side by Side Support & we meet locally every 2nd & 3rd Tuesday at Galleywood Heritage centre & Gt Baddow.

Parish hall, through listening to these carers, they needed some FUN for them 'both'! enjoy together & as Music is such an aphrodisiac for Memory, Singing was our best option. FUNDANGLES was born. The best decisions of my life had been made! Seeing the interactions, confidence growing, & the wonderful re-connection with each other, AMAZING. We 'play' instruments, sing & dance which just let's go of the stress & sadness & just have FUN FUN FUN. (Even though I can't sing a note!). They really love singing great songs through 50's - 80's & many thanks to BBC Essex for recording, the Joy, Love & Support shown for each other at Fundangles Singalong, it makes my heart burst.

Volunteering with this group, is a Joy. We see every week, it Does Make a Difference. So 'my' wonderful Volunteers & I enjoyed a fabulous evening with BBC Essex & was extremely Proud to receive 'Highly Commended' Award, on behalf of our Unpaid Carers, & Fundangles/ Side by Side Support groups.

NEW! Our THINGAMAJIGS Memory & Activity Café, Forest Drive CM1 2TS, Opens every first Tuesday afternoon. Support us to Open also on the third Tuesday for 2024!



# T. Pennack & Sons

*Funeral Directors*

INDEPENDENT FAMILY BUSINESS



*Seventh generation family members  
providing a personal service*

CHAPELS OF REST

1-3 Maldon Road, Chelmsford CM2 7DW

**Tel: (01245) 471157**

Email: [office@tpennackandsons.com](mailto:office@tpennackandsons.com)  
[www.tpennackandsons.com](http://www.tpennackandsons.com)

# ADM Gardening

- ✿ Fencing
- ✿ Decking
- ✿ Patios
- ✿ Turfing
- ✿ Brick & Concrete Works
- ✿ Pressure Cleaning
- ✿ Landscaping
- ✿ Cladding

**01245 476993**

**07990 650295**

[admgardening@talktalk.net](mailto:admgardening@talktalk.net)



Find us on  
Facebook

## Galleywood Ladies Club

**ARE YOU NEW TO THE AREA AND WOULD LIKE TO MEET  
NEW FRIENDS?**

Why not come along to our very friendly Ladies Club. We meet in the Keene Hall every Third Thursday of the Month between 8pm - 10pm for an interesting social evening of talks, slideshows and demonstrations.

- 21st December 2023 - Christmas Lunch
- 18th January 2024 - The History of Colchester
- 15th February 2024 - Talk on TEG

Visitors are welcome. There is a small fee of £4.00 per meeting  
Annual Subscription is only £22

✉ [cjwalker2010@googlemail.com](mailto:cjwalker2010@googlemail.com)



**MOLLY MAID**

**Come home to a clean house**

Our professionally trained team of maids will make your home sparkle. We tailor our cleans to your individual needs, schedule and budget.

Arrange your no obligation in home quote today

Emma Brooks

**01245 494003**

[emma.brooks@mollymaid.co.uk](mailto:emma.brooks@mollymaid.co.uk)  
[mollymaid.co.uk/locations/brentwood](http://mollymaid.co.uk/locations/brentwood)



Excellent



**Ahead4**  
Computer & Web Services

**YOUR** local  
computer shop

Mon-Fri: 09:00 - 17:30  
Tue: 09:00 - 19:30  
Sat: 11:00 - 15:00  
Sun: Closed



Tel: 01245 426 163 | Email: [info@ahead4.com](mailto:info@ahead4.com)  
117 Hullbridge Road, South Woodham Ferrers, CM3 5LL  
[www.ahead4.com](http://www.ahead4.com)

Galleywood Grapevine



# GALLEYWOOD HERITAGE HISTORICAL SOCIETY

## FORTHCOMING TALKS:

**Wednesday 13th March at 8pm**

### Famous Gardeners:

Ellen Willmott of Warley Place and William Robertson

A talk by Margaret Mills

At the Keene Hall, Watchhouse Road,  
Galleywood CM2 8PT

Free to members, guests welcome at £3 per person.

### Glimpses of Galleywood – a brief history of Galleywood

A 3rd edition, incorporating the 1st and 2nd editions, is now published.

Purchase your copy now for only £6.50

Please send the form below along with your remittance to: Pat Stuart, 76 Well Lane, Galleywood CM2 8QZ

Cheques made payable to: Galleywood Historical Society

Please send me \_\_\_\_\_copy/copies of Glimpses of Galleywood

I enclose a cheque/cash for £\_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Copies will also be available to purchase at our talks at the Keene Hall, Galleywood Heritage Centre and from the Parish office.

## Play in the Park

**Galleywood Parish Council once again supported Play in the Park this summer.**

Play in the Park is a series of free, two-hour multi-activity sessions run for children at community and parish venues, throughout the Easter and summer holidays.

Thank you very much for your help and support towards what was another record breaking Play in the Park. We hope you enjoyed it.



AJM Services

Do you need any jobs doing  
around your home?

I am able to do the jobs you  
hate or can't do.

Decorating, including; Painting, Hanging  
Wallpaper, Exterior Decorating, Tiling,  
Laying Wooden Floor,  
Kitchen/Bathroom Refurbishment or  
just a bit of maintenance

**I CAN HELP**

Please call Alex on:

07787 044826 | 01245 353219  
01371 878020

[www.ajmservices.co.uk](http://www.ajmservices.co.uk)

AJM Services



**Douglas V Kingsley**

FFPWS MPTS

Party Wall Surveyor

Boundary Dispute Mediator



Honalee, 28 St Anne's Court, Riverside  
Chelmsford, Essex CM2 6NE

Tel: 01245 409542 Mobile: 07775 504648

Email: [dougadare@gmail.com](mailto:dougadare@gmail.com)

**LKG Daughters**

Plumbing & Heating Ltd

**24hr Emergency Callout Service**



**All your plumbing and  
heating problems. Resolved.**

**Call 01245 478111**

**07710 358347**

Visit [lkgdaughters.co.uk](http://lkgdaughters.co.uk)

West Hanningfield Road, Great Baddow,  
Chelmsford, Essex, CM2 7SY



**C.P.  
Plastering & Decorating**

Contact Chris on

**07756 244085**

[plasterandpaint@hotmail.co.uk](mailto:plasterandpaint@hotmail.co.uk)

**FREE QUOTATIONS (no obligation)**

**Quality Decorating & Design**



**THE STABLES NURSERY**

Full day care for children aged 3 months - 5 years. Lovely country  
setting in Galleywood, Chelmsford, convenient to A12 bypass  
plus Ingatstone and Chelmsford station. Free pre-school places.



01245 348159



Find us on  
Facebook

[www.thestablesnursery.co.uk](http://www.thestablesnursery.co.uk)

Galleywood Grapevine



# Hampers of Hope

**Dear Galleywood, It is that time of the year again where, my wife Marie and I reflect about Christmas, the elderly, the lonely and the less fortunate, all groups I know many of you have various connections to.**

We were wondering if we can generate some community collaboration and goodwill during Christmas by again producing helpful Hampers of Hope (HOH! HOH! HOH!), to help the mentioned over Christmas.

Again, this year Chelmsford Star Co-op have agreed to support our initiative by allowing us to place collection points at their stores at Barnard Road Galleywood, Beehive Land and Meadgate.

Our Community Spaces the Galleywood Heritage Centre, Keene Hall, Galleywood Football Club, The Library and The Social Club have all hosted.

HOH collection points in previous years so look out for the HOH HOH HOH posters, up around 20th November and collecting up to 17th December.

We hope you can help firstly by discussing the merits of this idea amongst your families and your networks of friends to ensure we are aligned in our community with our caring, raise the profile of this initiative and join us to facilitate, help us to communicate and deliver for Galleywood.

Some donations we had in mind for example were;

- Tin cans and non perishables, packaged and delivered to identified needs.

Examples of non-perishable food items:

- Tin of ham
- Tin of salmon/fish/tuna
- Cans of vegetables
- Plum pudding
- Christmas cake
- Tin of fruit
- Packet of jelly
- Custard
- Bottles of soft drink
- Tin/packet biscuits
- Christmas goodies (nuts, lollies, pretzels, chocolates, etc.)
- Tea/coffee

So, whilst your shopping think of an extra purchase or two and just drop them in to the HOH HOH HOH boxes in store/halls would be welcomed, your help would be amazing.

***Richard Hyland***




# Bright's Life - so Far - so Good

**It's a long time ago - don't go there some might say - but memories are always flooding back.**

My 26 years in Galleywood are full of them in spite of having lived in many other places since then. From watching German Luftwaffe Bombers flying past on their way to bomb London, there were the "dog fights" - possibly Spitfires versus Messerschmitt fighter planes making large circles in the sky over towards Stock. Happily we were missed, apart from a piece of shrapnel which lodged in our roof and the repaired slates still show where! Talking of the house: there is a large white block in the upper side of the brick work showing the date "1873" and location. See it in the photo - the red marker is between the shrapnel damage and the stone block. Moving on to nicer things: my dad, Ted Bright, made the front garden a magnificent show of red dahlias, white allisium and blue lobelias. Of course, both front and rear gardens were three times larger then. Mum, Kitty Bright, and me tended the very large back garden in the war to be self sufficient for food.


At that time my mother helped at St. Michael's church by operating the bellows for the organ during the service so we sat at the front to go to the back of the organ easily. When my time came to be called up to the RAF in 1957 I began a farewell to Galleywood, or so I thought. The RAF had other ideas which meant that I was stationed at Stradishall for most of 2 years and could cycle home frequently. However, I did move away, to Devon, for 2 years before returning home. It was pleasant to be back. I picked up church bellringing again, never very good, but had fine, patient, tutorials in change ringing from Bert Bartholomew in the tower captain Bill Barrett's home in The Street over a few glasses of carrot wine. Alas, it was not to a permanent homecoming, job opportunities called me away and marriage intervened! From then life seemed to speed up - children and jobs overseas saw to that.




**SALE  
NOW ON!**

LUXURY KITCHENS AND BATHROOMS DESIGNED,  
SUPPLIED AND INSTALLED IN ESSEX.

**BOWMAN'S**  
KITCHENS & BATHROOMS

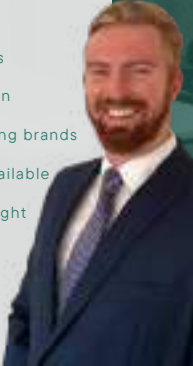
 **01245 948400**

 [www.bowmanskb.co.uk](http://www.bowmanskb.co.uk)

**WHAT WE OFFER**

- Full Turn-Key Experience
- Decades of Industry Experience
- Heritage Specialists
- Disability Adaptation
- Up to 30% off leading brands
- VAT Exemptions available
- Pensioner & Blue Light Card Discounts

**CALL NOW TO  
ARRANGE YOUR  
FREE HOME  
SURVEY**







# A message from your Vicar, Revd David Cattle

**I wonder what Christmas will be like in Bethlehem  
this year.**

Bethlehem, the place where Jesus was born around 2,000 years ago, is in the piece of land known as the West Bank, which is one of the two Palestinian territories (the other territory is the Gaza Strip, where there is currently a full-scale war going on). Tourism forms the main part of the Bethlehem's economy, especially at Christmas when Christian pilgrims flock to the Church of the Nativity, which is thought to be the place where Jesus was born.

When I went to Bethlehem a few years ago, we had to pass through a military check-point to get there. It was a scary thing to have our minibus stopped and checked by teenagers with machine guns.

The conflict between Israelis and Palestinians is desperately sad, and very complicated, with a long history. I wonder what God thinks of it all. You might wonder why, in the land where the Prince of Peace was born and lived, his message of peace hasn't been embraced more strongly.

I wonder what Christmas will be like in your home this year. Christmas is supposed to be a really happy time, and for many of us, thankfully, it will be. But Christmas can also be a sad time. Many of us miss our loved ones who have died even more at this time of year. We hold the memories of Christmases past, and we wish our loved ones were still with us, to celebrate with us. This is especially true for those who have experienced recent, unexpected loss.



And I wonder what the first Christmas was like, 2,000 years ago. What we now call the “Holy Land” was under Roman military occupation at the time, and puppet kings like Herod the Great kept control of the population by dishing out harsh violence, which led to flare-ups of violent disorder and the occasional all-out war. And then there were the personal struggles faced by Jesus’ family – a pregnancy outside of marriage, a long journey while pregnant, a birth in a stable, and King Herod’s attempt to try to kill the infant Jesus.

So, maybe this is the point of Christmas: God knows all about our human sins and fears that lead people to war, he knows all about our human struggles with loss and pain, and he still wants to meet with us by becoming human in the Person of Jesus Christ (the great mystery of the incarnation). God knew full well that he wasn’t coming into a world where everything was nice and happy. God knew that to meet us where we are meant that he would need to enter into, and embrace, human weakness and suffering, and even death.

This means that God isn’t just interested in us when times are good, but also when times are hard. Into the very worst situations, God breathes his hope and light.

For me, the Christmas story is comforting. Not just because it evokes childhood memories of family Christmases, but also because it tells me that God cares about the world and about me. In a time of darkness, for anyone looking for light and hope, please do join us at one of our services this Christmas. You won’t find easy answers, but you might just find Someone who cares.

May God bless you this Christmas and always.

**David.** [vicar@stmichaelsgalleywood.org.uk](mailto:vicar@stmichaelsgalleywood.org.uk)

St Michael’s Church service takes place at 10am every Sunday, and includes our weekly Sonlight group for primary-aged children and our twice-monthly Mega group for secondary-aged young people. The service is also live-streamed on our Facebook page. See our website for more details:

[www.stmichaelsgalleywood.org.uk](http://www.stmichaelsgalleywood.org.uk)

### **CHRISTMAS AT ST MICHAEL’S CHURCH**

#### **9th Saturday December - 10am-4pm**

##### **Christmas Tree Festival**

(free entry; includes Reindeer Run (£1 charge), refreshments, Chelmsford Community Gospel Choir, the Mayor of Chelmsford, and more!).

#### **Sunday 17th December - 10am**

##### **St Michael’s Church Nativity**

(in our main service; also livestreamed).

4pm, Carol Service (our traditional Nine Lessons and Carols; also livestreamed).

#### **Saturday 23rd December - 4pm**

Carols on the Common (informal carol singing for the whole family, at the Heritage Centre, with hot dogs and drinks).

#### **Christmas Eve - 4pm**

Christingle (all the children can make and safely light Christingles).

#### **Christmas Eve - 11:15pm**

Midnight Communion (welcome Christmas morning. A quiet, traditional Communion service).

#### **Christmas Day - 10am**

##### **Family Communion**

(children can bring a favourite present to show us; also livestreamed).

Livestreaming is on our Facebook page.

For details, see our website:

[www.stmichaelsgalleywood.org.uk](http://www.stmichaelsgalleywood.org.uk)



# Galleywood Horticultural Society

## Galleywood Horticultural Society's talks for January and February are as follows:

Thursday 25th January – The Greening of London by David Williams

Thursday 22nd February – Coast of Essex by David Simmons

Admission for Members is free and Visitors £4  
Please see website for further details:

[www.galleywoodhorticulturalsociety.co.uk](http://www.galleywoodhorticulturalsociety.co.uk)

Also, you can visit the Facebook Pages of Galleywood Horticultural Society and Galleywood Gardening Club for tips and ideas.

Both talks take place at the Keene Hall,  
Galleywood, and start at 8pm

Bathing a problem?  
We can help

**ahm** installations  
Ageing Home Modifications



**FREE\***  
Mirrored cabinet or high raised toilet with any full bathroom installation

[Checkatrade.com](http://Checkatrade.com)  
Approved installer for reviews

- Easy accessible wet room showering
- Rapid bath out walk-in shower conversions
- Back to a warm deep soak with a walk-in bath
- Making bathing safer with simple changes; Grab rails, shower seats, raised WCs & slip resistant safety flooring
- Council (DFG), SSAFA and charity grants quotes available
- Discounts for over 60s and ex-service personnel



Call for our friendly advice, free survey and quote

**01245 701043**

[info@ahminstallations.co.uk](mailto:info@ahminstallations.co.uk)

[www.ahminstallations.co.uk](http://www.ahminstallations.co.uk)



\*Terms and conditions apply.



# PONTLANDS PARK Afternoon Tea

[www.pontlandsparkhotel.co.uk](http://www.pontlandsparkhotel.co.uk)



Available everyday  
11am - 6pm

Adults £25.00  
Kids (2-10 years) £12.50

To book a table,  
please visit our  
website or call

**01245 476444**



Galleywood Grapevine



# Gary K. Steggall



- + Tree Surgery
- + Reductions
- + Felling
- + Hedge Trimming
- + Seasoned Logs
- + Site Clearance
- + Free Estimates
- + Fully Insured
- + £5m Public Liability

07971 696375

01245 496758

garysteggall499@btinternet.com



## 1st For PLUMBING

We Are a Local Plumbing & Heating Company

- Fully Insured
- No Call Out Charge
- All Work Guaranteed
- Complete Bathroom Installation Service

**24 Hour**  
Emergency Call Out

T: 01245 526078

M: 07788 585794

E: info@1stforplumbing.co.uk



[www.1stforplumbing.co.uk](http://www.1stforplumbing.co.uk)

## FennWright

If you're considering moving or would like some advice, pop in and see us on Duke Street and find out why clients regularly give us five star reviews. ★ ★ ★ ★ ★

Residential Sales • Lettings  
Commercial • Property Surveyors  
Farms & Estates • Water & Leisure

01245 292100  
[fennwright.co.uk](http://fennwright.co.uk)

### JUBILEE FRIENDS PRE-SCHOOL

The group provide high quality care and education for children between the ages of 2 years and 5 years.

We offer children and their parents a service that promotes equality and values diversity within a caring, safe and stimulating environment.

You can find us at the Scout Hut situated in the grounds of Jubilee Park, Watchhouse Road, Galleywood.

To receive a copy of our prospectus or to arrange a visit please contact Lindsay.

**07761 632793**

Limited 30-hour funded spaces available  
Speak to us now about how the Government funded places will affect you



Reflecting on Quality  
committed to improvement

Galleywood Grapevine





**SENIOR CITIZENS**  
**(FOR GALLEYWOOD RESIDENTS)**

# **CHRISTMAS LUNCH**


**FRIDAY 15TH DECEMBER 2023**

**At The Keene Hall**  
**12.15 (for 12.30pm) – 3.00pm**

**Tickets £14.00**

**Includes reception drink and 3 course lunch with  
tea/coffee mince pies and glass of wine.**

**Tickets available from the Parish Office at the Keene  
Hall Mon-Fri 9-1pm. The correct money/cheques would  
be appreciated**



# Cloudy2Clear, A Local Service, Saving You Money.

As a leading domestic glass replacement company for more than 16 years, Cloudy2Clear windows are the leading name in the industry. There is no need for you to risk your windows by using the dreaded double glazing cowboy down the street. You can join over 336,000 happy customers and replace your glass ethically and affordably. If you have a failed glass unit, it may not provide you with the protection you need or be as energy-efficient as it once was. Take a minute to check your home to see if any double glazing has failed? Taking action now can prevent future financial problems.

When talking to the Manager of Cloudy2Clear windows Chris Miller it became clear that these

values have been held dear for a number of years. Since starting the business some years ago Cloudy2Clear have remained true to their core values of supporting the local community by providing a service that saves the public money.

The Cloudy2Clear service only requires the glass to be replaced and not the whole window once the unit has failed. Chris commented "Cloudy2Clear were able to assist our community through the last financial crisis in 2008 due to the savings that can be made in using our service. Unfortunately we might be going through something similar again soon and the public can rest assured that we will be there to help once again".

**For a free quotation please call 0800 61 21 118 or visit [www.cloudy2clear.co.uk](http://www.cloudy2clear.co.uk).**

“

*Ask me about our fantastic Energy Saving Glass.*

”



## Have Your Windows Steamed Up?

**Replace the pane, not the frame!**

All glazing backed by our

**25  
YEAR  
GUARANTEE**

*“I really liked the fact  
that they were a local  
community run business”*

*Janet Beard*



We are a  
Checkatrade  
Member



Get a FREE Quote

**Social distancing in operation**

**Faulty locks, handles or hinges ?**



Priority freephone

**0800 61 21 118**

[www.cloudy2clear.co.uk](http://www.cloudy2clear.co.uk)

**Love Your Home - Protect Your Windows - Save Money**





leave only pawprints...



# Green Dog Walkers

## **Chelmsford City Council's new Green Dog Walkers Scheme provides a simple, non-confrontational, and community-driven way to tackle dog fouling.**

The scheme encourages dog walkers to come together to tackle the problem, by carrying extra dog poo bags and sharing them with those who may have been caught short. Rather than criticising someone for not picking up after their dog, Green Dog Walkers group members simply provide a solution without judgment or confrontation.

Those who sign up to the scheme receive free dog poo bags and a Green Dog Walkers badge or armband, so that fellow dog walkers can identify them and ask for a bag if they need to.

Whilst dog fouling is unpleasant and harmful, it is also a criminal offence to fail to pick up after your dog, yet it continues to be an issue. Chelmsford City Council have decided to try a different tack in the form of the Green Dog Walkers scheme.

### **Sign up to be a Green Dog Walker**

All dog walkers are invited to sign up to the Green Dog Walkers scheme. In doing so, they pledge to:

- Wear a badge as often as possible when walking their dog
- At all times clean up after their dog and dispose of the bag in a bin

- Carry extra dog bags and be happy to be approached to give a dog bag to those who require one
- Be a friendly reminder to other dog walkers to clean up after their dog

Every volunteer will receive a welcome pack, which includes:

- Welcome letter, with a copy of the pledge
- Green Dog Walkers badge
- A roll of poo bags in a dispenser

Community Protection Officers will be holding pledge stalls across Chelmsford over the coming months, dates will be published on social media, but if you aren't able to attend any of those you can learn more about the Green Dog Walkers Scheme and pledge online at: [www.chelmsford.gov.uk/environment-and-public-health/dogs/green-dog-walkers-scheme](http://www.chelmsford.gov.uk/environment-and-public-health/dogs/green-dog-walkers-scheme)



The Venue with a host of activities

**Function, Conference & Meeting Rooms Available**

Squash, Tennis, Exercise, Children's Groups, Badminton, Line Dancing, Martial Arts & many more...

**\*Weddings\* & \*Birthdays\*** (Alcohol free premises)

[www.hamptonssl.co.uk](http://www.hamptonssl.co.uk)

Tydemans off Beehive Lane Chelmsford Essex CM2 9FH  
**01245 269422 | [info@hamptonssl.co.uk](mailto:info@hamptonssl.co.uk)**

**To advertise please call**

**01843 523030**

**or email**

**[info@communityad.co.uk](mailto:info@communityad.co.uk)**



Galleywood Grapevine





With over 30 years' experience across the electrical industry, we have a rapidly expanding customer base, both large and small.

We will offer you the quality service that you require.

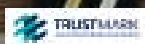
All aspects of electrical work undertaken. Experience in commercial, domestic and industrial properties.

Whatever your requirements our team can deliver a reliable service at a competitive price.

We also offer renewables including Solar PV, battery storage and EV car chargers.

**01206 580173 / 07557 141130**

Email **[info@asecltd.co.uk](mailto:info@asecltd.co.uk) / [www.asecltd.co.uk](http://www.asecltd.co.uk)**



# GUARANTEED PART WORN & NEW TYRES



**PART WORN TYRES**



**NEW TYRES**



**TRACKING**



**CAR TYRES**



**CROSSOVER TYRES**



**4x4 TYRES**



**VAN TYRES**



## PUNCTURE AND DAMAGE TYRES REPAIR SPECIALIST

Check our website for details of our **LIFETIME GUARANTEE** on part-worn tyres:

**[www.tyresaversukltd.co.uk](http://www.tyresaversukltd.co.uk)**

Unit 4 Navigation Road, Chelmsford CM2 6HE  
Call: 01245 252 626

143 London Rd, Stanford Rivers, Ongar CM5 9PP  
Call: 01277 365 420



Visit us on Facebook



# Reporting a crime

**If you are a victim of crime or see a crime taking place. Please REPORT it.**

Best methods of communication with Chelmsford and Maldon Community Policing Team would be to send an email to [CandMCPT@essex.police.uk](mailto:CandMCPT@essex.police.uk). The other methods of contact would be online, via **101** or in an emergency to dial **999**.

## **In an emergency**

Call **999** if:

- a serious offence is in progress or has just been committed
- someone is in immediate danger or harm
- property is in danger of being damaged
- a serious disruption to the public is likely

If you have a hearing or speech impairment, use textphone service **18000** or text on **999** if you've pre-registered with the emergencySMS service.

**Silent 999** calls -If you're in danger but you can't talk on the phone, you should still call **999**

Call **101** for non-emergency enquiries.

## **Should I communicate on social media?**

- 1. Alert your neighbours:** By sharing your story, you can help raise awareness about the crime you experienced, which may lead to increased public attention and support for your cause.
- 2. Warning:** By sharing your crime story, you can alert your neighbours to suspicious persons/activity
- 3. Seeking justice:** Media coverage can help bring attention to your case and potentially lead to new evidence or witnesses coming forward.
- 4. Supporting others:** Sharing your story can provide support and encouragement to others who have experienced similar crimes.

However, it's important to consider the potential risks and consequences of sharing your story. Media attention can be overwhelming and may expose you to unwanted scrutiny or even retaliation. It's crucial to carefully weigh the potential benefits against the potential risks and make an informed decision that feels right for you.



# The Baddow & Galleywood U3A

**Exciting times ahead as we embark on 'the way forward' now that we can enjoy meeting up together again**

Until December 2023 we meet on the first Monday in the month from 2:15 - 4pm at Keene Hall. We have a variety of talks lined up - on December 4th the talk will be about London Frost Fairs. Our speaker presentations are followed by refreshments and a leisurely chance to chat with friends, or make new ones.

We also have about 28 interest groups which meet on various days during the month at different venues. These include Bridge, art appreciation, gardening, photography, local history and there are four walking groups, as well as various outings. For a full list of activities see:

[www.u3asites.org.uk/baddow](http://www.u3asites.org.uk/baddow)

From January 2024 we are moving to the Great Baddow Millennium Community Centre and will meet on the third Wednesday of the month, at the same times.

Our first meeting on January 17th will be a talk about the importance of Lasting Power of Attorney.

Why not join us and get involved? New members always welcome. If you are interested please e-mail our Membership Secretary, Tony Nelson [bandgmembership24@btinternet.com](mailto:bandgmembership24@btinternet.com) or access our website.

We look forward to seeing you...

# u3a

Larry Berkovitz & Zak Barrett present .....

**XMAS Jazz Special**

**Dominic Copestick**

**Robert Rickenberg**

**Adam Mader**  
in the UK for 2 days only!!

**Andy Frost**

**Rowan Ward**

Date	Time	Price	Notes
Fri 22nd Dec 2023	8pm	£20	Prices include booking fee
Sat 23rd Dec 2023	3pm	£20	
Sat 23rd Dec 2023	8pm	£20	


Doors open 30 mins prior to performances

**Chelmsford Social Club**  
55 Springfield Rd, Chelmsford CM2 6JG

[www.wegotickets.com/xmasjazz](http://www.wegotickets.com/xmasjazz)

*House of Flowers*

*Flowers and Gifts for All Occasions*



**01245 471428**

**13 Maldon Road, Great Baddow, CM2 7DW**



[www.flatpackready.co.uk](http://www.flatpackready.co.uk)

**John Nicholson**  
 Carpenter  
 Painting & Decorating  
 Handyman  
 Flat Pack Assembly  
 Doors Hung  
 And More...

**07597 851000**  
**flatpackready@gmail.com**

Advertise in our  
**CLASSIFIED** section for  
**£53+VAT** for 3 months.  
 Please call  
**01843 523030**



## Trauma Survivors Across Essex Launch Film

**Healthwatch Essex have launched a film produced in collaboration with our Trauma Ambassador Group showing the impact a cervical screening can have on those who live with the effects of trauma.**

With nearly 1 in 3 people not attending their cervical screening appointments, the Healthwatch Essex Trauma Ambassador Group (TAG) recognised a need for sharing the unique challenges that trauma survivors may experience. Working with the group, Healthwatch Essex produced a short film in a clinical environment to demonstrate the trigger-points for trauma survivors and educate professionals on how appointments can be improved to make patients more comfortable.

Staff at Beacon House in Colchester kindly provided the space for an ambassador to walk through the process of a cervical screening appointment with a nurse, Michelle, demonstrating a number of trigger-points within an appointment, ranging from the language used, to the setup of the room and the often-rushed feel of an appointment. One of the main suggestions for trauma survivors from the ambassadors included holding and using the Healthwatch Essex Trauma Card.

Della is a member of the Trauma Ambassador Group. She was instrumental in the creation of the film, and features in it: "Too often women are given scare tactics around cervical screening "you could die" type comments and data. We know that already.

We need to be heard and supported and have trauma informed clinics available or a Trauma Card that is understood by practitioners."

Sharon Westfield-de-Cortez, Healthwatch Essex Information and Guidance Manager, created the Trauma Ambassador Group. She said: "We understand that everyone is unique, and that other factors may influence people's feelings around the screening process, such as having experienced domestic abuse or female genital mutilation, and that these can create additional barriers. We would encourage anyone in this situation to contact the surgery or clinic they will be accessing to request a conversation about this prior to the procedure, so that they can ask the questions you need to and receive appropriate reassurance. It's really important that trauma survivors remain engaged with health services to receive the care that they need and are entitled to."

The full film, titled "Cervical Screening as a Trauma Survivor", is available to watch via [www.youtube.com/watch?v=qHsSH3BUvzw](http://www.youtube.com/watch?v=qHsSH3BUvzw)

**healthwatch**  
 Essex





# New interactive toolkit to inspire intergenerational connections

**Essex County Council have launched a new resource looking to inspire ideas for bringing different generations together.**

The Essex Age-Friendly Collaborative Toolkit showcases projects which have been building intergenerational connections across Essex. It explains the positive outcomes which these have achieved.

It features Memory Cafes in libraries, virtual reality technology projects and more. It is designed to inspire groups in Essex to come up with their own ideas for intergenerational activity.

Bringing different age groups together helps build care and compassion in communities. The toolkit shares a range of age-friendly activities that have been making a difference in Essex. It also explains how groups can get involved themselves.

Councillor John Spence, Cabinet Member for Health, Adult Social Care and ICS Integration, said:

By helping people of all ages and backgrounds to come together, everyone can have their life enriched. Young can learn and be inspired by old, while older generations can have spirits uplifted, memories refreshed and learning enhanced from those in younger age-groups.

The excellent examples highlighted in the toolkit show how this can be achieved and we hope it inspires organisations and communities across Essex to get involved in the intergenerational movement.

Councillor Tony Ball, Cabinet Member for Education Excellence, Lifelong Learning and Employability, said:

Children and young people coming together with older people in their community, has numerous benefits. It unlocks doors, widens our views, and helps us have understanding for people going through different experiences. It also harnesses younger people's skills for compassion, empathy and care, and can help inspire a passion for lifelong learning.

It is a really fantastic resource and we hope to see it inspire new projects across the county.

Explore the toolkit and find out more via <https://schools.essex.gov.uk/pupils/HealthySchoolsProgramme/Documents/Digital%20ASC%20Essex%20Age-Friendly%20Collaborative%20Toolkit.pdf#search=age%20friendly%20toolkit>



Youth  
Club

## YMCA Youth Group

The Galleywood Centre

Thursdays, starting 7 September, term-time only

4:30pm - 6:30pm  
for 11-13 year olds

6:30pm - 8:00pm  
for 13-17 year olds



The Galleywood Centre  
Watchhouse Road  
Chelmsford  
CM2 8PT

FREE

CHILL | CHAT | SPORT | MUSIC | ART

[becky.whitaker@ymcaessex.org.uk](mailto:becky.whitaker@ymcaessex.org.uk)

## Galleywood Women's Institute

**We meet regularly on the  
second Thursday of the month  
at 2pm at the Keene Hall.**

Visitors are always welcome, so why not come and try us, make new friends, and find out what the WI is all about.

In August we enjoyed a craft demonstration and cream tea, which was enjoyed by all who came, whether they were "crafters" or not.

Please do not think you have to be creative to come to meetings. Just come and enjoy the company. Besides the monthly meetings, we enjoy going out for lunches, go for walks, and have a sewing/ handicraft group, which meets at Galleywood library at 2pm on the Tuesday after the monthly meeting.

This is open to all, and you do not have to be a WI member.

We bring along our own projects and enjoy the socialising in a relaxed atmosphere and enjoy a cup of tea.

We are looking forward to our Christmas meeting, when we will be enjoying some Christmas nibbles and talk, competitions, and quiz with our speaker, Ian Davidson.

In January, we will be having a soup lunch before the meeting.

Looking forward to seeing you.

# theWI

## INSPIRING WOMEN



Galleywood Grapevine



## Search and Rescue Dog Bailey special feature in a book for Dogs Trust

**A Search and Rescue Dog from Essex County Fire and Rescue Service (ECFRS), specialising in live scent search has been featured in The Little Dog That Laughed book for the Dogs Trust.**

Being described as unruly, untrainable, and unsociable, Bailey was taken in by the Dogs Trust in Loughborough back in 2021.

After spending some time with Bailey, the team at the Dogs Trust saw that he had potential. The charity contacted the UK International Search and Rescue (UKISAR) and other services to ask if anyone was looking for a new search dog.

Graham Currie, who is a Watch Manager and Dog Handler for the Service said: "I'd been looking for a dog for just under a year when I saw the plea from the Dogs Trust. So, I went up to Loughborough the following day to see what Bailey was like. After testing his drive for a tennis ball and checking he had no aggression towards other dogs or people, I offered to take him on a six-week trial."

Now two years on, Graham describes Bailey as the most natural search and rescue dog, and his inspiring story has been featured in The Little Dog that Laughed book for the Dogs Trust.

Graham adds: "Bailey was quite a handful to begin with, as he had little to no training and was very head strong. The biggest challenge was, as I call them now his 'Fenton moments', chasing rabbits or deer and disappearing over the horizon. But some Primula cheese spread,

and a lot of patience has seen Bailey turn his life around.

"This year Bailey achieved his full license, not just for the UK but for UK International Search and Rescue too. His training is always continuing to ensure he stays at the top of his game.

"Bailey has fallen on his feet and has got a purpose in life and who knows how many lives he may save over his career."

A spokesperson from the Dogs Trust said:

"From the first time Bailey arrived at Dogs Trust Loughborough, it was clear that he was destined for greatness.

"Initially found as a stray, he quickly adapted to life at Dogs Trust and successfully passed all his tests. Bailey's hard work and unwavering resilience has landed him a job at the Essex County Fire and Rescue Service, where he continues to show his determination and goodwill through supporting the local community.

"We hope this story is a frequent reminder of all the purposeful work rescue dogs do and highlights the special bond between humans and our canine friends."

More information about the book:

[www.thelittledog.co.uk/product/a-dogs-life-gift-book-anna-danielle](http://www.thelittledog.co.uk/product/a-dogs-life-gift-book-anna-danielle)



# HAMPERS OF HOPE

*Can you help someone in this area?*

We would like to generate some community goodwill by producing Hampers of Hope to help those in need this Christmas, by encouraging customers to

*Drop off points available at your local Co-op's:*

164-170 Meadgate Avenue,  
Chelmsford CM2 7LJ

Beehive Lane, Westbourne Grove  
Chelmsford CM2 9RP

83 Barnard Road, Galleywood  
Chelmsford CM2 8RD



For more information,  
contact Richard Hyland  
✉ [mancrjh@hotmail.co.uk](mailto:mancrjh@hotmail.co.uk)  
☎ 01245 475734

The **co-operative** food

Part of Chelmsford Star Co-operative Society Limited



# Top 5 Tips for a Merry Christmas Tree

The festive season is nearly upon us, and for many, it's synonymous with decorating a beautiful Christmas tree. If you've opted for a real tree this year, you'll want to keep it looking and smelling fresh throughout the festivities. Here are five expert tips to ensure your Christmas tree stays merry and green:

## 1. Choose Quality and Freshness

When selecting your Christmas tree, prioritise quality. Inspect the needles carefully - flexible, green needles are a sign of freshness, while brittle, snapping ones indicate a less-than-healthy tree. Give the cut end a gentle tap; if an excessive number of needles fall off, consider another option.

## 2. Trim the Trunk

Once your tree is home, saw half an inch off the trunk. This removes hardened sap, allowing the tree to absorb water efficiently.

## 3. Hydration is Key

Keep your tree well-watered throughout the season. Use a sturdy stand with a generous water reservoir. Check the water level daily - these thirsty trees can drink up to three pints a day. Ensure the trunk remains submerged for happy, healthy needles.

## 4. Skip the Gimmicks

You may have heard of various additives like Coca-Cola, corn syrup and even tree food to enhance your tree's longevity. Ignore them! Your tree's primary requirement is a continuous supply of fresh water—it's that simple.

## 5. Maintain Ideal Temperatures

Your tree thrives in cool, outdoor temperatures. Minimize the shock of indoor relocation by placing it at a safe distance from radiators or heating sources. Consistent heat or temperature fluctuations can rapidly dry out your tree.

With these top tips, you'll ensure your Christmas tree remains a vibrant centrepiece, spreading holiday cheer all season long.

***Happy decorating!***



## Club contact details

### 1st Galleywood Scout Group

Sue Raybould - 1st Galleywood Group Scout Leader - [susan.raybould@blueyonder.co.uk](mailto:susan.raybould@blueyonder.co.uk)

### Baddow and Galleywood u3a

Roy Brackley | 07718 757984  
[bandgu3achair@gmail.com](mailto:bandgu3achair@gmail.com)

### Chelmsford Guitar Orchestra

Roger Montgomery | 07773 155981  
[rogermontgomery@hotmail.co.uk](mailto:rogermontgomery@hotmail.co.uk)

### Essex Family History (ESFH)

Meryl Rawlings | 01245 225200  
[meryl.rawlings@btinternet.com](mailto:meryl.rawlings@btinternet.com)

### Friendship+ for Parents, Carers & Children 0-5

[www.stmichaelsgalleywood.org.uk/ouractivities/friendship](http://www.stmichaelsgalleywood.org.uk/ouractivities/friendship)

### Galleywood Art and Craft Club

Beth Schluter | 07788 103233  
[schluterbeth@hotmail.com](mailto:schluterbeth@hotmail.com)

### Galleywood Chaplin Close Allotment

[thegcgs@outlook.com](mailto:thegcgs@outlook.com)

### Galleywood Common Association

Patricia Stuart | 01245 268218  
[Pat.malcolm64@gmail.com](mailto:Pat.malcolm64@gmail.com)

### Galleywoofers Dog Training

Tony Cruse | 07976 807690  
[tcdogtraining@me.com](mailto:tcdogtraining@me.com)

### Galleywood Glebeland Allotment Tenant Association - Ian Jarratt

07969 054904 | [ijarratt@Hotmail.co.uk](mailto:ijarratt@Hotmail.co.uk)

### Galleywood Good Neighbours

Clr S Troop | 01245 256008  
[cllr troop@galleywoodparishcouncil.gov.uk](mailto:cllr troop@galleywoodparishcouncil.gov.uk)

### Galleywood Historical Society

Gillian Parker | 01245 466353  
[parkwisp@gmail.com](mailto:parkwisp@gmail.com)

### Galleywood Horticultural Society

Philip Walters | 01245 473191  
[sarah-phil@virginmedia.com](mailto:sarah-phil@virginmedia.com)

### Galleywood Ladies Club

Cynthia Walker | 01245 474781  
[Cjwalker2010@googlemail.com](mailto:Cjwalker2010@googlemail.com)

### Galleywood Neighbourhood Watch

Richard Hyland | 07795 540153

### Galleywood Cricket Club

John Gray | 07847 336237 | [jgraygccc@sky.com](mailto:jgraygccc@sky.com)  
[www.galleywoodcricket.club](http://www.galleywoodcricket.club)

### Galleywood Short Mat Bowls Club

Denis Ketley | 01245 611163  
[denisjketley@outlook.com](mailto:denisjketley@outlook.com)

### Galleywood & District Social Club

The Street | 01245 287260

### Galleywood Walkabout

Åsa Pamphilon | 07534 414518  
[asaros@hotmail.co.uk](mailto:asaros@hotmail.co.uk)

### Galleywood WI

Wendy Johnson | 01245 476032  
[wendyjohnson9@aol.com](mailto:wendyjohnson9@aol.com)

### Galleywood Youth club

Becky Whitaker | 01245 355677 / 07850253708  
[becky.whitaker@ymcaessex.org.uk](mailto:becky.whitaker@ymcaessex.org.uk)

### Galleywood Theatre Group

Paul Hambleton | 07941 258214  
[pahambleton@virginmedia.com](mailto:pahambleton@virginmedia.com)

### Inland Waterways Association

Rebecca Loader | 01621 332619  
[rebecca.loader57@gmail.com](mailto:rebecca.loader57@gmail.com)

### IYC (Ian's Yoga Class)

Ian Jordan | 01245 492640  
[yogateacher@yogainchelmsford.co.uk](mailto:yogateacher@yogainchelmsford.co.uk)

### Keep Fit

Pat Wilson | 01245 354079 | [john.wilson@WDP.net](mailto:john.wilson@WDP.net)

### Point to Point Patchwork & Quilting

Margaret Shears | 01245 260312  
[marg.shears@blueyonder.co.uk](mailto:marg.shears@blueyonder.co.uk)

### Sing and Sign

Martine Brockman | 07739 832059  
[martinebrockman@singandsign.co.uk](mailto:martinebrockman@singandsign.co.uk)

### St Michaels Bellringers

Chris Moles | 01245 268157  
[christinemoles@hotmail.com](mailto:christinemoles@hotmail.com)



# Club contact details

## Trudi Osborne dance

Trudi Osborne | 07788 712751  
trudimorgan@btopenworld.com

The Environmental Group - Åsa Pamphilon  
07534 414518 | asaros@hotmail.co.uk

## Businesses

Co-operative Food (Cash Point)  
83 Barnard Road | 01245 474591  
www.chelmsfordstar.coop/food

Farleigh Hospice Charity Shop  
49 Watchouse Road | 01245 359739

Chelmsford Star Co-operative Funeral Service  
348 Baddow Road | 01245 268993  
www.chelmsford.coop/funerals

Galleywood Kitchens  
Skinners Lane | 01245 258666  
www.kitchens-chelmsford.co.uk

Galleywood Motor Spares  
Watchouse Road | 01245 475406

Galleywood Pharmacy  
Watchouse Road | 01245 258583

Kim and Company Hairdressers  
Watchouse Road | 01245 353566

Liberty Dry Cleaners  
Watchouse Road | 01245 357710

Lounge India Restaurant  
Watchouse Road | 01245 357075

McColls Newsagent (Cash Point)  
Watchouse Road | 01245 697889

Milbury Meats  
Watchouse Road | 01245 353435  
www.milburymeats.co.uk

Mr Fish  
Watchouse Road | 01245 250557

Mila Restaurant  
Watchouse Road | 01245 350085

The Post Office  
Watchouse Road | 01245 353139

## Community Venues for Hire

Galleywood Heritage Centre  
01245 357700  
mail@galleywoodheritagecentre.org.uk

Keene Hall  
Mrs Susan Royce | 01245 268961  
administrator@keenehall.com

## Church

St Michael & All Angels  
Rev Cattle | 01245 956953  
vicar@stmichaelsgalleywood.org.uk

## Other Services

Area Highways Office  
0845 6037631 | www.essex.gov.uk

Chelmsford City Council  
Switchboard | 012454 606606  
www.chelmsford.gov.uk

Chelmers Housing Partnership  
03005 550500 | enquiries@chp.org.uk

Clarendon Veterinary Centre  
01245 267954 | www.clarendonenquine.co.uk

Environmental Services  
01245 606800 | www.chelmsford.gov.uk

Essex Countryside Traveller Unit  
03457 430430

Galleywood Library - Watchouse Road  
0345 6037628  
galleywood.library@essex.gov.uk

Galleywood Voluntary Community Care  
Transport officer | 07840 232746  
Secretary Christopher Kersley | 07375 108941

Recycling  
01245 615800

The Guinness Trust Housing  
030 3123 1890 | www.guinnesspartnership.com  
Mel Williamson  
Melanie.williamson@essex.gov.uk  
Leigh Jones - Leigh.jones@chp.org.uk



## Club contact details

### Recycling

01245 615837

[www.chelmsford.gov.uk/recycling](http://www.chelmsford.gov.uk/recycling)

### Village Agent

Felicity Chapman | 07305 707742

[www.communityagentsessex.org.uk](http://www.communityagentsessex.org.uk)

### Schools

#### Galleywood Infant School

Mrs Sarah Manning | 01245 472686

[admin@galleywood.essex.sch.uk](mailto:admin@galleywood.essex.sch.uk)

#### St Michaels C of E (VA) Junior School

Mrs Rowen Prigg | 01245 472682

[admin@st-michaels-jun.essex.sch.uk](mailto:admin@st-michaels-jun.essex.sch.uk)

#### Great Baddow High School

Mr Paul Farmer | 01245 265821

[admin@gbhs.co.uk](mailto:admin@gbhs.co.uk)

#### Thriftwood School

Mrs Georgina Pryke | 01245 266880

[admin@thriftwoodschool.com](mailto:admin@thriftwoodschool.com)

#### Jubilee Friends Pre-school

Lindsay | 01245 474157

#### The Stables Nursery

Susan Mann | 01245 348159

[www.thestablesnursery.co.uk](http://www.thestablesnursery.co.uk)

### Public Houses

#### The Great Baddow Barn

Galleywood Road | 01245 473738

[www.thegreatbaddowbarn.com](http://www.thegreatbaddowbarn.com)

#### The Horse and Groom

The Common | 01245 261653

[www.grayandsons.co.uk](http://www.grayandsons.co.uk)

#### The Running Mare

Ego at The Running Mare

Running Mare Lane, Chelmsford CM2 8PN

Tel 01245 260829

[chelmsford@egorestaurants.co.uk](mailto:chelmsford@egorestaurants.co.uk)

### The White Bear

Watchouse Road | 01245 353034

### Data Protection Act

Under the Data Protection Act 2018, the Parish Council now needs consent to be able to publish personal information. This relates to the contact names, telephone numbers and email addresses for all Clubs and Organisations previously published in the Grapevine.

All Clubs and Organisations were contacted and provided with a Consent Form for completion and only the ones that we have had returned can now be published. So, if you see your Club or Organisation missing from the directory this is the reason. If you would like to resume your listing please contact the Clerk for a Consent Form:

**01245 358898** or email:

[clerk@galleywoodparishcouncil.org.uk](mailto:clerk@galleywoodparishcouncil.org.uk)

or pop into the Parish Office, first floor at the Keene Hall, Watchouse Road.





# Christmas Poem by Marilyn Byford

## CHRISTMAS EVE

Excited children singing round the Christmas tree so tall

Their sweet voices ringing out as snow begins to fall

Fairy lights are twinkling colours oh so bright

Father Christmas will have called before the end of night

Snow is falling quickly now covering everything around

Darkness has descended frost sparkles on the ground

Families head towards the church shivering in the cold

A warm welcome waits inside the Christmas story will be told

We have heard it all so many times yet love to hear the story

How baby Jesus came to us so humbly without glory

A little child to change the world and cure man of his greed

To comfort us and pray for us in our hour of need

The bells are ringing loudly as we homeward go

Though the air is frosty cold our faces are aglow

So as we make our way back home trudging through the snow

Our thoughts go back once again to that Christmas long ago

*Marilyn Byford 2023*



**Give the gift of COMFORT this Christmas**

Seven 13–24-year-olds are diagnosed with cancer every day in the UK. They will face a miserable winter with the cost of living crisis biting hard.

Your donation could help provide simple home comforts like mattresses, bedding, food, heating, and electricity.

Donating to The Tom Bowdidge Youth Cancer Foundation supports young people and families, nationally, undergoing cancer treatment, offering them a lifeline during a challenging time. Your donation has never been needed more.

Donate today [tombowdidgefoundation.org](https://tombowdidgefoundation.org)

**The Tom Bowdidge YOUTH CANCER FOUNDATION**

9 Fleming Court, West Benfleet, Coddhester, Essex, CG3 8EG  
Registered charity in England & Wales 1155553

**FR** FUNDRAISING REGULATOR



# Find Your Active with **Pieces of the Puzzle**

**Finding your active is like putting together a puzzle and sometimes we need to try different pieces to see what fits!**



Trying new and different activities is how we do this and it may take a while to find the right fit. The journey to complete the puzzle should be fun and trying something new is always a good way to boost confidence and make new connections.



One way to explore what's available to you is by using the Find Your Active Activity Finder, an online tool that helps narrow down the search to a certain area or activity. This tool has a wide range of groups and clubs so you can find what interests you like playing football or getting active in nature!

Local groups and clubs who help others are an inspiration and are an incredible asset to the local community. Whether that's setting up a team supporting residents living with a disability, looking for a way to get active and make friends, to a group that helps young people relax and disengage from daily stresses through movement. The Move With Us campaign recognises how important movement can be for young people. The campaign offers great advice to encourage



increased activity like putting on your favourite song or playlist to motivate you to move! Music and activity can reduce stress and support wellbeing.

Sometimes getting active means more than just physical activity and November's mental health focus should highlight how beneficial activity can be for looking after mental wellbeing. Getting outside with a friend or colleague for a walk can be protected time for a chat that encourage important conversations about how you're doing. November brings focus to men's mental health and recognises how important it is to prioritise mental and physical wellbeing. For men, adding movement into their routine could be the missing puzzle piece to a healthier lifestyle because this is dedicated time to support their mental health. Seeing the benefits of added movement and protected time for wellbeing activities can encourage men to maintain this routine and also invite others to join their journey.

Mental health issues affect us all and that's why it's important to encourage people to use physical activity to boost the positive hormones associated with movement to feel more confident and happier. The Able like Mabel campaign recognises this and promotes gentle exercises that not only build strength and resilience in older residents but make them feel more positive as many may be facing isolation.

It's about finding what works for you and finding the enjoyment in movement! Visit: [www.activeessex.org/find-your-active](http://www.activeessex.org/find-your-active)



# #NOPLACEFORHATE

**There is no place for hate, and we stand against hate crimes.**

A hate crime is motivated by someone's hostility or prejudice towards another person because of their race, gender, religion, sexuality, disability or other prejudice.

**Anyone can be the victim of a hate crime or incident**, which can have a devastating impact on the victim and their family.

***Neighbourhood Watch encourages everyone to stand up against hate crime. For information and guidance – scan the QR code. We can make a difference. Together.***







**NO SALES, NO COLD CALLS!**

**We know what, how and for who!**



**Embracing Renewable Energy for a Sustainable and Cost-Effective Future.**

**With Angus Renewables LTD 1 year of trading.**

**15 years' installing knowledge.**

Unveiling the Benefits of having Solar PV and battery for Residential and Commercial Properties installed by a company of experienced installers and not a big franchise: not only will we get it right the 1st time it will also bring back the good name that solar deserves.

1. **Reduced Energy Costs**
2. **Environmental Sustainability**
3. **Energy Independence and Security**
4. **Long-term Financial Investment**
5. **Job Creation and Economic Growth**
6. **Flexibility and Scalability**

**☎ 0330 229 4939 mobile 07881 376566**  
**[www.angusrenewables.com](http://www.angusrenewables.com)**

**f Angus renewables ltd in Angus renewables**

